

Athletics Coaching and Activities



Primary School Sports Days Quadrathlon

Run, Throw, Jump and Relays

Fun, safe and enjoyable Athletics based activities to suit individual schools requirements any time of the year

Organised and led by experienced and enthusiastic UKA qualified and CRB'd club coaches

If the weather is poor the activities are adapted for indoors

Results and awards service included



For more details e mail AStarCoaching@hotmail.co.uk
or phone 07767 343925

This programme is supported by

